



CITY OF ERIE SCHOOL DISTRICT-ELEMENTARY AUGUST/SEPTEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Smith's Hot Dog on a Bun Carrot Coins Pears Choice of Milk	1 Chicken Nuggets Dinner Roll Mixed Vegetables Applesauce Choice of Milk	2 Pizza Hot Pocket Tossed Salad w/ Dressing Fresh Fruit Choice of Milk	3 Pepperoni Pizza Carrot & Celery Sticks w/ Dip Pears Choice of Milk Papa John's Pizza: Cleveland, Glenwood, Perry, Pfeiffer-Burleigh	4 <u>Non-Attendance Day</u>
7 Labor Day No School!	8 Chicken Patty on a Bun Corn Pears Choice of Milk	9 Mini Sub w/ Lettuce & Cheese Topping Tater Tots Mandarin Oranges Choice of Milk	10 Taco Salad w/ Lettuce & Cheese Topping, Tortilla Chips Dinner Roll Pineapple Tidbits Choice of Milk	11 Cheese Pizza Carrot & Celery Sticks w/ Dip Pears Choice of Milk Papa John's Pizza: Harding, Irving, Emerson-Gridley, Wayne
14 Hamburger on a Bun Peas Pineapple Tidbits Choice of Milk	15 Meatloaf w/ Gravy Dinner Roll Whipped Potatoes w/ Gravy Mandarin Oranges Choice of Milk	16 Chicken Nuggets Dinner Roll Carrots Pears Choice of Milk	17 Meatball & Cheese Hoagie Tossed Salad w/ Dressing Fresh Fruit Choice of Milk	18 Pepperoni Pizza Mixed Vegetables Applesauce Choice of Milk Papa John's Pizza: Conn., Jefferson, Lincoln, McKinley
21 Smith's Hot Dog on a Bun Baked Beans Pears Choice of Milk	22 Chicken Patty on a Bun Broccoli Applesauce Choice of Milk	23 Hot Ham & Cheese on a Pretzel Roll Tater Tots Mandarin Oranges Choice of Milk	24 Sloppy Joe on a Bun Tossed Salad w/ Dressing Fresh Fruit Choice of Milk	25 Cheese Pizza Green Beans Pineapple Tidbits Choice of Milk Papa John's Pizza: Burton, Diehl, Edison & GECAC
28 Cheeseburger on a Bun Mixed Vegetables Applesauce Choice of Milk	29 Chicken Nuggets Dinner Roll Peas Pears Choice of Milk	30 Pasta w/ Meat Sauce Dinner Roll Tossed Salad w/ Dressing Fresh Fruit Choice of Milk		

**LUNCH PRICE PAID - \$0.85
REDUCED - \$0.40
ADULT - \$2.00
MILK - \$0.45**

PLEASE CHOOSE AT LEAST 3 OF THE 5 ITEMS OFFERED FOR THE SCHOOL LUNCH PRICE!
THESE ITEMS INCLUDE:
MEAT / MEAT ALTERNATE, BREAD, CHOICE OF 2 FRUITS, OR 2 VEGETABLES, OR ONE FRUIT AND ONE VEGETABLE, AND MILK

MENU SUBJECT TO CHANGE



ASSORTED FRUITS AND VEGETABLES MAY INCLUDE:
CANNED & FRESH FRUITS, 100% JUICE
STEAMED VEGETABLES,
FRESH CUT VEGETABLES, TOSSED SALAD, TATER TOTS, WHIPPED POTATOES

**FOOD SERVICE DIRECTOR
JAMES TWERDOK
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Nutritious Definition of the Month :
FIBER
Indigestible plant food. High fiber diets can reduce the risks of heart disease and certain types of cancer.

LUCKY TRAY DAY EVERY MONTH!



COMMISSIONER NUTRITION
Travels the US
This month he focuses on:
APPLES



Leave your LUNCH BOX at Home!
DAILY ALTERNATE ENTREE CHOICES:
Student Salad/Salad Bar
Bologna & Cheese Sand
Peanut Butter & Jelly Sandwich
American Cheese Sand

CHOICES OF MILK INCLUDE:
SKIM, 1% CHOCOLATE, 1% WHITE, AND WHOLE MILK

