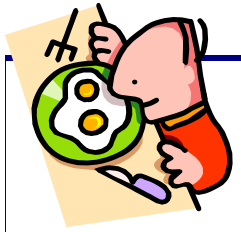
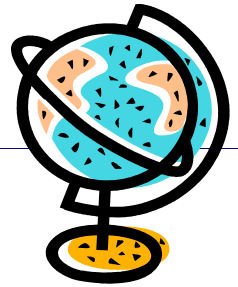
ERIE SCHOOL DISTRICT
BREAKFAST MENU

Elementary
August/September 2009



Mon	Tue	Wed	Thu	Fri	
31 *Choice of Cereal* *Fresh Milk* *Cereal Bar* *Apple Juice*	*1* *Choice of Cereal* *Fresh Milk* *Cinnamon Graham Bears* *Orange Juice*	*2* *Choice of Cereal* *Fresh Milk* *Mini Bagel w/ Cream Cheese* *Apple Juice*	*3* *Choice of Cereal* *Fresh Milk* *Banana Mini Loaf* *Blueberry Pi Juice*	*4* *No School!*	
Breakfast Prices: ***Paid: $0.40*** ***Reduced: No Charge*** ***Adult: Ala Carte***	*7* *Labor Day* *No School!*	*8* *Choice of Cereal* *Fresh Milk* *Apple Cinnamon Mini Loaf* *Orange Juice*	*9* *Choice of Cereal* *Fresh Milk* *Yogurt* *Apple Juice*	*10* *Choice of Cereal* *Fresh Milk* *Mini Bagel w/ Cream Cheese* *Blueberry Pi Juice*	*11* *Choice of Cereal* *Fresh Milk* *Blueberry Muffin* *Apple Juice*	
Milk Choices Include: *1% White* *White Whole* *Skim*	*14* *Choice of Cereal* *Fresh Milk* *Graham Crackers* *Apple Juice*	*15* *Choice of Cereal* *Fresh Milk* *Cereal Bar* *Orange Juice*	*16* *Choice of Cereal* *Fresh Milk* *Blueberry Mini Loaf* *Apple Juice*	*17* *Choice of Cereal* *Fresh Milk* *Cinnamon Graham Bears* *Blueberry Pi Juice*	*18* *Choice of Cereal* *Fresh Milk* *Apple Blossom Muffin* *Apple Juice*	
Please choose at least 3 of the 4 items for the school breakfast price. Choice of 2 bread items, fruit juice and milk.	*21* *Choice of Cereal* *Fresh Milk* *Blueberry Muffin* *Apple Juice*	*22* *Choice of Cereal* *Fresh Milk* *Apple Cinnamon Mini Loaf* *Orange Juice*	*23* *Choice of Cereal* *Fresh Milk* *Graham Crackers* *Apple Juice*	*24* *Choice of Cereal* *Fresh Milk* *Mini Bagel w/ Cream Cheese* *Blueberry Pi Juice*	*25* *Choice of Cereal* *Fresh Milk* *Banana Mini Loaf* *Apple Juice*	
	28 *Choice of Cereal* *Fresh Milk* *Cereal Bar* *Apple Juice*	*29* *Choice of Cereal* *Fresh Milk* *Cinnamon Graham Bears* *Orange Juice*	*30* *Choice of Cereal* *Fresh Milk* *Yogurt* *Apple Juice*			
Food Service Director *Jim Twerdok* *Registered Dietitian* *Jean Ager*				*"Breakfast is the most important meal of the day!"*	*ENJOY A GOOD NUTRITIOUS BREAK-FAST!*	