Kinematic Equations Worksheet

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Acceleration needs to be constant for these equations to be valid.

Equation	Missing Quantity
$v = v_0 + at$	$x-x_0$
$x - x_0 = v_0 t + \frac{1}{2} a t^2$	$\mid v \mid$
$v^2 = v_0^2 + 2a(x - x_0)$	$\mid t$
$x - x_0 = \frac{1}{2}(v_0 + v)t$	$\mid a \mid$
$x - x_0 = vt - \frac{1}{2}at^2$	v_0

Problem 1. A runner accelerates to 4.2 m/s^2 for 10 seconds before winning the race. How far did he/she run?

Problem 2. A plane starts from rest and accelerates uniformly over a time of 20 s for a distance of 300 m. Determine the plane's acceleration.

Problem 3. A ball free falls from the top of the roof for 5 seconds. How far did it fall? What is its final velocity at the end of 5 seconds?

