

Aquatics

We will be following the American Red Cross Swimming and Water Safety Program. The purpose of the program is to teach students how to be safe in, on, or around water and to teach individuals of different abilities how to swim. In a logical progression, the program covers the knowledge and skills needed for aquatic skill development. As students develop these skills, they will become safer and better swimmers.

- **Swimming will begin in February. Please refer to back for specific dates.**
- **Girls will ONLY swim with girls**
- **Bathing suit (one piece only), shorts, or a spandex, wicking, type shirt are permitted. Goggles are permitted if students would like to wear them.**
- **Please remember a towel and a bag to carry wet clothes.**
- **Students may bring in a lock from home to secure valuables in the swimming locker rooms.**
- **Aquatics is a school board approved addition to the Physical Education curriculum. Everyone must participate in aquatics.**
- **Students will be graded for swimming**
 - **10 points for getting changed and getting into the water**
 - **7 points for not swimming but completing written work**
 - **0 points for not changing or changing and NOT getting into the water**
- **Students WHO DO NOT swim will be given written work to complete during class while sitting in the bleachers of the pool. If students complete the written work, they will get partial credit of 7 points for the day. Students must remain in the pool area. If they are not swimming, they will not have permission to enter the locker rooms.**
- **If the student is on her period, the parent must write a note to excuse her from the class that day. The student must finish written work to get credit for the day.**

**Any questions or concerns please contact:
Ms. Mills at dmills@eriesd.org**