

Daily Learning Planner

Ideas parents can use to help children
do well in school.

The School District, City of Erie
Federal Programs



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Bake cookies with your child, but double the recipe. Help him figure out how much of each ingredient you will need.
- 2. It's the birthday of Dr. Seuss. Read one of his books with your child.
- 3. Play music while your family does chores today.
- 4. Have your child make a bookmark by drawing or writing a quote from a book she likes on a piece of cardboard.
- 5. Get to know your town. Look in the newspaper for a list of things to do.
- 6. Is your child fighting with a friend? Have them switch roles—it helps each one see the other person's point of view.
- 7. It's Nutrition Month. Visit the local library with your child and check out a book about healthy eating.
- 8. Make a *rebus* with your child. Replace some words in a story with pictures.
- 9. Discuss a book your child likes. What does he like about it?
- 10. Have your child invent a business and write funny advertising for it.
- 11. Do a jigsaw puzzle with your child.
- 12. Help your child create a 3-D map of your town.
- 13. Try a new sport with your child.
- 14. Try making a foreign dish with your child. Check out a cookbook, or look online for recipes. Get the ingredients and start cooking!
- 15. Set aside a half hour for writing with your child.
- 16. At dinner, challenge everyone to repeat a tongue twister three times fast.
- 17. Share family history with your child. Look through pictures from before and after her birth.
- 18. Check your child's grades. If needed, help him plan ways to raise them.
- 19. Have a "guess the number" contest. For example, "How many cookies are in the box?"
- 20. Clip an interesting news story. Cut the paragraphs apart. Ask your child to read them and put them in order.
- 21. Have your child predict which things sink and which things float. Try a wooden spoon, a metal spoon and a rock.
- 22. Take everyone in the family to a nearby park. Run like the wind.
- 23. Sit face to face with your child. Mirror exactly what she does.
- 24. When you read aloud to your child, choose an exciting place to stop. Ask, "What do you think will happen next?"
- 25. See if you can arrange a tour of a local TV station for you and your child.
- 26. Review spelling or vocabulary words with your child. Challenge yourselves to use them in conversation as often as possible this week.
- 27. Have your child make a portrait using pictures of facial features cut out of magazines.
- 28. Have family members take turns being artists and models.
- 29. Together, invent a special holiday just for your family.
- 30. Learn where your town gets its water. Is conservation important in your area? Discuss with your child some ways you can help.
- 31. Have your child design a new cover for a much-loved book.



Helping Children Learn
TIPS Families Can Use to Help Children Do Better in School

ELEMENTARY SCHOOL