

SCHOOL HEALTH INFORMATION

MANDATED SCREENINGS

To help you keep your child healthy and ready to learn, the Erie School District offers health screenings conducted by the certified school nurses every year. These screenings include **vision** for each student, **hearing** for students in grades K-3, 7 and 11, and **scapiosis** for students in grades 6 and 7. These screenings identify problems, which may interfere with learning.

All children enrolled in Pennsylvania schools will have their height and weight measured, and then used to calculate their body mass index (BMI). BMI is a screening tool used to determine whether a child is overweight or underweight.

Your child's BMI is based on the ratio of height to weight. BMI is reported as a percentile ranking based on the child's age and gender. The Centers for Disease Control (CDC) created the percentile ranges to identify children who may be at risk for specific health problems. Children with high BMI are at increased risk for serious health conditions such as insulin resistance (a precursor to diabetes) and heart disease.

Like all screening tools, BMI can produce some false positives or negatives. For example, a student may have an artificially high BMI due to a high level of lean body tissue or muscle, as may be found in a well-conditioned athlete. That's why it's so important to follow up with your doctor if your child's BMI is high or low.

Your child's BMI is strictly confidential and will not be discussed with anyone other than you and your child. Please share your child's BMI information with your child's health care provider. Your doctor or nurse is in the best position to evaluate your child's overall health.

Feel free call your child's school nurse with any questions you have about the Growth Screening Program.

REQUIRED EXAMINATIONS

Physical examinations are required by state law for all students in **Grades K, 6 and 11**. Parents may have the exam done by their own doctor if they do not want it done in school. A special form to be signed by your private physician was mailed to your home last June. If for any reason you do not have the form, you can get one from the school office in the summer or the school nurse in the fall. The form must be submitted to school by October 15th **OR** your child will be scheduled for the school exam.

Dental examinations are also required by state law for all students in **Grades K, 3 and 7**. Parents may also have this exam done by their own dentist. Please refer to the above paragraph regarding forms and dates.

Immunization requirements

Immunization requirements for all students entering school for the first time ever in Kindergarten or First grade are as follows:

4 DT spaced a minimum of 28 days apart; the fourth injection **MUST** have been after the child's fourth birthday or a 5th dose will be required. (Pertussis is not required, but often this will be given as DPT or DTaP).

3 Polio Vaccines, properly spaced, by injection or the oral route.

3 Hepatitis B injections spaced no less than 28 days between the 1st and 2nd injection, and no less than 2 months between the 2nd and 3rd injection, and no less than 4 months between the 1st and 3rd injection.

2 Measles, Mumps, Rubella (MMR) injections after the age of 12 months.

2 Varicella doses after the age of 12 months **OR the date (month/year) of Chicken Pox disease** signed by the doctor or parent.

Immunization requirements for ALL students entering 7th grade. In addition to all of the above immunizations these students must have:

1 TdaP (Tetanus, diphtheria, and acellular pertussis) Pertussis is required.

1 Meningococcal conjugate vaccine.

There are medical or religious exemptions from the immunization requirements if they apply to your child

REMINDER: ALL medications are given through the health room. Please see district policy (available at your school or Student Health Services in the administration building) for details.

HEAD LICE: NO-NIT POLICY

Erie Public Schools have a no-nit policy for head lice. If a child is identified as having head lice, the student will be excluded from school and the parent/guardian will be required to treat the child for head lice by application of a pediculicide to the hair and by removal of all nits (eggs).

After completion of the treatment and when all nits are removed, a parent or guardian **MUST ACCOMPANY** the student to school for examination by the school nurse before the student will be permitted to return to school. Students are also **NOT** permitted to ride the bus until the school nurse has given them clearance.