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Strength and Conditioning Coach

Positions Open (1)

Position Summary/Goal: Strength and Conditioning coach will organize and facilitate an effective strength and conditioning program for ALL athletes and teams on the Erie High School campus.

Term of Employment: 12-month position

Qualifications:

- Certified Fitness Trainer (preferred)
- CPR/First Aid training
- Must hold or obtain FBI, Criminal Check, and Child Abuse Clearances
- Working knowledge of Erie School District policies, procedures, and organization structure
- Must possess strong interpersonal skills and communication skills
- Successful experience teaching strength training and conditioning concepts to athletes and coaches
- A thorough knowledge of strength training and conditioning. The ability to customize a program for each individual sport and student
- Knowledge of strength training and conditioning as it applies to rehabilitation of athletic injuries
- Availability on a daily basis to provide scheduled training for in-season and out of season teams and athletes
- Strong Organizational skills and the ability to schedule time to accommodate the training of each team
- Must complete all Coaching Education requirements of the PIAA and PDE

Performance Responsibilities

- Adhere to guidelines, rules, and procedures set forth by the PIAA
- Encourage enrollment of the NCAA Clearinghouse for athletes
- Urban student experience a plus
- Possess a thorough understanding of all PIAA and NFHS rules appropriate to sport

Professionalism

- Must possess the ability to be a team player
- Must be cooperative, courteous, service oriented, and promote these characteristics with the team
- Represent Erie's Public Schools with the highest level of ethical behavior and professional standards

Essential Functions

- Attend staff meetings, clinics and other professional activities to improve coaching performance
- Consult with Athletic Trainer to provide appropriate workouts for injured or recovering athletes
- Perform any other related duties as assigned by the Athletic Director & Principal or other appropriate administrator

Erie's Public Schools

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- Provide a safe and structured environment in the free weight room
- Be responsible for keeping the weight room neat and orderly
- Submit requests for needed equipment to Athletic Director
- Meet with coaches and students to design strength training and conditioning programs according to their specific needs
- Schedule and supervise regular weight room hours for in season and out of season athletes and teams
- Keep records on all students participating in strength training and conditioning
- Promote the use of the weight room to athletes and coaches
- Teach athletes and coaches appropriate techniques in the weight room
- Provide written reports to the Athletic Director as requested

Evaluation: Reports to the Building Principal and the Erie School District Athletic Director. Performance is evaluated per the Athletic Handbook.

This list is intended to be illustrative rather than complete and serves to show major duties and responsibilities and does not express or imply that these are the only duties to be performed by the incumbent in this position. The employee will be required to perform any other position-related duties requested by the supervisor.

APPLICANTS MUST HAVE A BACKGROUND CHECK AS REQUIRED BY STATE LAW ACT 34 EFFECTIVE 1/86, CHILD ABUSE HISTORY CLEARANCE EFFECTIVE 7/96 & ACT 114 F.B.I. FINGERPRINT CHECK.

INTERESTED APPLICANTS FOR THIS POSITION SHOULD SUBMIT A RESUME at:

<https://www.applitrack.com/ErieCityPA/onlineapp/default.aspx?Category=Athletics%2fActivities>

POST:

8:00 AM

June 28, 2022

REMOVE:

3:30 PM

July 11, 2022

THE ERIE SCHOOL DISTRICT DOES NOT DISCRIMINATE IN EMPLOYMENT, EDUCATIONAL PROGRAMS OR ACTIVITIES BASED ON AGE, RACE, COLOR, RELIGION, NATIONAL ORIGIN, SEX, DISABILITY OR BECAUSE A PERSON IS A DISABLED VETERAN OR VETERAN OF THE VIETNAM ERA. THIS POLICY OF NON-DISCRIMINATION EXTENDS TO ALL OTHER LEGALLY PROTECTED CLASSIFICATIONS. PUBLICATION OF THIS POLICY IS IN ACCORDANCE WITH STATE AND FEDERAL LAWS INCLUDING TITLE VII OF THE CIVIL RIGHTS ACT OF 1964, TITLE IX OF THE EDUCATION AMENDMENTS OF 1972, SECTION 504 OF THE REHABILITATION ACT OF 1973, AND THE AMERICANS WITH DISABILITIES ACT. INQUIRIES MAY BE MADE BY CONTACTING THE ERIE SCHOOL DISTRICT, 148 WEST 21ST STREET, ERIE PA 16502, (814) 874-6080.