Mr. John Eisenman ("Mr. E.")
Adapted Physical Education (A.P.E.)
jeisenman@eriesd.org

# **Materials / Resources:**

- Students will be provided with all necessary equipment, materials and resources
- When appropriate to do so, students may bring personal items to class such as sunscreen, swim supplies, a water bottle, etc.
- Unless stated otherwise, cell phones should be turned off and put away during class

# **Course Description:**

This course will focus on physical education and fitness. Students will be engaged in a variety of activities, exercises, games and sports that will help develop motor skills and assist with their activity of daily living (ADLs) skills. Students will also be able to work in a variety of settings (i.e. individually, partners, groups and teams) and will be able to work on improving their communication skills and social skills. Some concepts students will engage in and learn during class include locomotor and non-locomotor skills, stretching, yoga, individual/ relay races, throwing and catching skills, sports such as basketball, soccer, flag football, kickball, baseball, and much more!

# Class Expectations, Grading and Rules:

Present	Active	Responsible	Safe
25%	25%	25%	25%
"Be Here"	"Be Physically Engaged"	"Be Ready"	"Be Safe"
-Must be present to earn daily points	-Keep moving during class	-Wear gym clothes and shoes to class	- Use sports equipment appropriately
-Student cannot earn points for other categories	-Do not sit down, unless during break	-Bring swim supplies	-Practice proper safety protocols
while absent, unless a valid excuse is provided	-Engaged during class activities, games and/or	-Bring materials as directed	- Keep hands to self
by your guardian and/or physician	sports	- No swearing or using disrespectful language	-Follow rules and directions

- Students earn all points for each class if they are present, active and engaged during the entire class period, bring required materials/clothes with them, and they are conducting themselves in a safe/respectful manner (using equipment appropriately; hands to self; etc.)
- Students will lose all points for a class period if they are absent without a valid excuse
- Students can lose points by violating class rules. For example, students will lose their points for the "Active" category if they are not actively engaged during class activities, refuse to participate, and/or sit down during activities
- Phones should not be used during class unless permission is given by Mr. Eisenman

# **Grading Scale:**

- A = 100 95%
- A- = 94 90%
- B = 89 85%
- B- = 84 80%
- C = 79 75%
- C- = 74 70%
- D = 69 65%
- F = 64 0%

#### **Assignment Dates:**

- All assignments must be completed by all students by the end of the week
- For example, all deadlines for assignments must be completed by the end of each week on Friday before 3:30 P.M.