NO SWEARING FOR 30 DAYS CHALLENGE © darebee.com

I didn't	I didn't	I didn't	I didn't	5 I didn't
swear today	swear today	swear today	today	swear today
	7	8	9	10
I didn't	I didn't	I didn't	I didn't	I didn't
swear	swear	swear	swear	swear
today	today	today	today	today
	12	13	14	15
I didn't	I didn't	I didn't	I didn't	I didn't
swear	swear	swear	swear	swear
today	today	today	today	today
	17	18	19	20
I didn't	I didn't	I didn't	I didn't	I didn't
swear	swear	swear	swear	swear
today	today	today	today	today
	22	23	24	25
I didn't	I didn't	I didn't	I didn't	I didn't
swear	swear	swear	swear	swear
today	today	today	today	today
	27	28	29	30
I didn't	I didn't	I didn't	I didn't	I didn't
swear	swear	swear	swear	swear
today	today	today	today	today